

TIME WALK

4 & 5 november 2026

rennes

WHAT IF TIME BECAME A CATALYST
FOR TRANSFORMING OUR REGIONS ?

In an era marked by increasingly rapid ecological, economic and social upheavals, local areas are facing new challenges : adapting lifestyles to ongoing transitions, responding to changing residents' needs, rethinking mobility, services and public spaces, while preserving quality of life and local balances. In the face of these changes, time represents both a dynamic resource and a lever for action.

Over these two days, Rennes invites you to explore how time policies contribute to making territories more resilient. Through a series of urban walks, let yourself be guided on a journey of discovery through projects that are shaping new ways of living, moving around and sharing the city. These concrete initiatives demonstrate how a different approach to time can transform the way places are used, foster new forms of cooperation and improve residents' daily lives.

An invitation to discover inspiring initiatives, share experiences and foster dialogue between local and European territories.

Marc Hervé

Deputy Mayor of Rennes, responsible for urban planning, sustainable planning, urban regeneration and time policy

Marina Lafay

President of Tempo Territorial network

Armelle Billard

Rennes Métropole councilor, responsible for time policy and evaluation



An event organised by the Rennes City and Metropolis Time Office, in partnership with Les Temporelles and the Tempo Territorial network, with the support of Time4All and the European Union.

Tempo Territorial is a national network bringing together stakeholders in time policies in France (local authorities, researchers, experts, etc.) to raise awareness, promote and discuss issues relating to time at a local level. Every year, it organises *Les Temporelles*, a unifying event that highlights a specific theme relating to time.

The Tempo Territorial network is a partner of *Time4All*, a European project that aims to promote a fairer, more balanced and sustainable use of daily time for all citizens.

WEDNESDAY 4 NOVEMBER • 8:45 am > 6:30 pm

8:45 am • Welcome coffee

City Hall lounges • République metro station

9h10 • Opening

Nathalie Appéré, Mayor of Rennes and President of Rennes Métropole

10:15 am • Time walk #1 • Rush hour on public transport : shifting school and university timetables to ease congestion

Assomption High School • Joliot-Curie Chateaubriand metro station

Rennes City and Metropolis Time Office

Our daily journeys are often concentrated at the same times of day, creating peaks in demand on public transport and on the roads. What if we could better coordinate these daily rhythms ? By adjusting working hours and education timetables, time can become a powerful tool for easing congestion, making better use of existing infrastructure and services, and using our resources more efficiently.

1:00 pm • Lunch

Dada restaurant • Triangle metro station

Registration required

2:15 pm • Time walk #2 • School Chronotopia : making the most of shared space

Rennes Music Conservatory • Blosne metro station

Rennes City and Metropolis Time Office

Sustainability can also be measured in square metres ! When it comes to reducing our environmental impact, time is a valuable ally in helping us make better use of the places and buildings we have. It is time to understand how schedules can optimise the use of space within a building or a neighbourhood, while fostering new synergies between stakeholders.

5:30 pm • European inspiration : Time policies and climate challenges

Bloompop • Courrouze metro station

Barcelona City Climate change and sustainability Office

As we face growing climate challenges and increasingly frequent heatwaves, the time-based initiatives developed by our European neighbours offer valuable inspiration. In Barcelona, a network of “climate shelters” provides residents with spaces where they can seek relief from extreme heat, by adjusting opening times. The City of Barcelona will share its experience and the lessons learned from this initiative during a discussion.



THURSDAY 5 NOVEMBER • 8:30 am > 4:30 pm

8:30 am • Urban walk • The Deep Time Walk

Thabor park entrance, place Saint-Melaine • Sainte-Anne metro station

Take the time to discover Rennes city centre through a walk spanning the 4.6 billion years of Earth's history. A quiet, sensory and thought-provoking experience inviting us to marvel at the world around us, reconnect with deep time, reconsider our place on Earth and reflect on our relationship with the living world. A tour inspired by *The March of Deep Time*.

Registration required / Please bring an umbrella/rain jacket, a water bottle and comfortable shoes.

10:15 am • Coffee & Welcome

Rennes Métropole Hall • Clemenceau metro station

10:30 am • Les Temporelles

Opening • Tempo Territorial

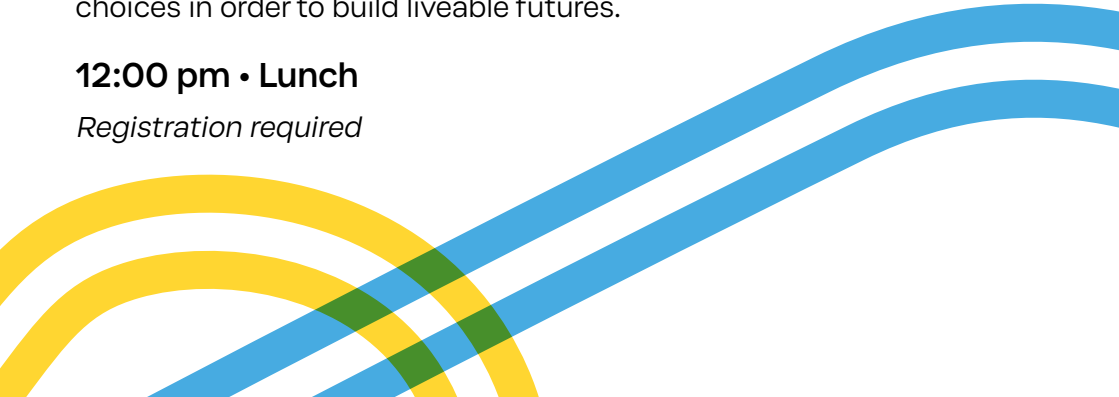
Marina Lafay, President of Tempo Territorial

Meeting • Alexandre Monnin : Time & ecological redirection

What role can time play in the face of ecological upheavals ? Should we speed up, slow down, or stop ? Through the concept of 'ecological redirection', Alexandre Monnin, a philosopher and researcher in the philosophy of socio-technical systems, invites us to rethink our paths, our legacies and our individual and collective choices in order to build liveable futures.

12:00 pm • Lunch

Registration required



1:45 pm • Time walk #3 • Time2Adapt : Using rhythms to address climate change

Lille European Metropolis Time Office

Using the power of time to multiply cool spaces across a metropolitan area: this is the approach that won the European Urban Initiative call for projects. From opening schoolyards, to landscaping gardens and optimising swimming pool opening hours, these initiatives are being developed in consultation with local authorities across the metropolis to help communities adapt to the changes ahead and improve residents' quality of life.

3:15 pm • Keynote speaker • Rural life: how can we balance time and transitions?

Daniel Cueff, Vice-President of Brittany Regional Council responsible for the Sea and the Coast, former mayor of Langouët

3:50 • European Advocacy • The Right to Time

Marta Junque Surià, Director of Time Use Initiative – Barcelona

4:10 pm • Summary and time horizons

Marina Lafay, President of Tempo Territorial

4:30 pm • Terminus